

Tiger's Schedule for May 2024

DRAGON

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Sparring Block & Strike Punch & Kick	3	4 Blocking Striking 1-Steps
5	6	7 Focus Blocking Horse Stance	8	9 Sparring Kibon Hyung Wavemaster	10	11 Fitness Striking
12 	13	14 Focus Fitness	15	16 Focus Striking	17	18 Sparring Kibon Hyung Wavemaster
19	20	21 Sparring Block & Strike Punch & Kick	22	23 Fitness Striking 1-Steps	24	25  CLOSED
26	27  CLOSED	28 Blocking Striking	29	30 Focus Fitness	31	