



Andrew Gause's Martial Arts

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Class Focus	Basics	Basics	Forms/Sparring	Forms/Sparring	Various	Various
TKD Tigers All Belts (4-5 yrs old)	6:10 pm - 6:45 pm*	6:10 pm - 6:45 pm*	6:10 pm - 6:45 pm*	6:10 pm - 6:45 pm*		9:30 am - 10:05 am
Children No Belt to Gold (5-12 yrs old)	5:10 pm - 6:00 pm		5:10 pm - 6:00 pm			
Children Gold Stripe to Blue Stripe (5-12 yrs old)		5:10 pm - 6:00 pm		5:10 pm - 6:00 pm		
Family No Belt to Gold (5 & Up)	7:10 pm - 8:00 pm*	6:10 pm - 7:00 pm	7:10 pm - 8:00 pm*	6:10 pm - 7:00 pm	5:10 pm - 6:00 pm	10:10 am - 11:00 am
Family Gold Stripe to Blue Stripe (5 & Up)	6:10 pm - 7:00 pm 7:10 pm - 8:00 pm*	7:10 pm - 8:00 pm*	6:10 pm - 7:00 pm 7:10 pm - 8:00 pm*	7:10 pm - 8:00 pm*	5:10 pm - 6:00 pm	10:10 am - 11:00 am 11:10 am - 12:00 pm
Family Brown Belt & Up (5 & Up)	7:10 pm - 8:00 pm	7:10 pm - 8:00 pm	7:10 pm - 8:00 pm	7:10 pm - 8:00 pm		11:10 am - 12:00 pm
Adult & Teen All Belts (12 & Up)	8:10 pm - 9:00 pm		8:10 pm - 9:00 pm			
Black Belt Training Members Only						11:10 am - 12:00 pm*
Sparring Team Members Only						12:45 pm - 2:00 pm
Hapkido Members Only		8:15 pm - 9:30 pm		8:15 pm - 9:30 pm		

* class is held at Dojang 2 (5246 Port Royal Rd—in same shopping center)

ABOUT OUR CLASSES:

Ages 4 - Early 5: Our youngest students (TKD Tigers)
 Ages 5 - 12: May attend Children and/or Family classes based on rank
 Ages 12 and up: May attend both Teen, Adult and Family classes based on rank

FIRST CLASS: Mon | Tues | Wed | Thurs | Fri | Sat at _____:_____ AM | PM

TRANSPORTION FROM SCHOOL:

Our bus picks up After School Martial Arts students from North Springfield, Ravensthworth, Canterbury Woods, Wakefield Forest, Kings Park, Kings Glen and Braddock Elementary School.



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