



Andrew Gause's Martial Arts

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|-------------------|--|-------------------|-------------------|---|
| Class Focus | Basics/Forms | Basics/Forms | Kicking/Sparring | Kicking/Sparring | Various | Various |
| TKD Tigers All Belts (4-5 yrs old) | 6:20 pm - 6:55 pm | 6:20 pm - 6:55 pm | 6:20 pm - 6:55 pm | 6:20 pm - 6:55 pm | | 9:40 am - 10:15 am |
| Children No Belt to Gold (5-12 yrs old) | 5:20 pm - 6:10 pm | | 5:20 pm - 6:10 pm | | | |
| Children Gold Stripe and Up | | 5:20 pm - 6:10 pm | | 5:20 pm - 6:10 pm | | |
| Family No Belt to Gold (5 & Up) | 7:20 pm - 8:10 pm | 6:20 pm - 7:10 pm | 7:20 pm - 8:10 pm | 6:20 pm - 7:10 pm | 5:20 pm - 6:10 pm | 10:20 am - 11:10 am |
| Family Gold Stripe to Blue Stripe (5 & Up) | 6:20 pm - 7:10 pm 7:20 pm - 8:10 pm | 7:20 pm - 8:10 pm | 6:20 pm - 7:10 pm 7:20 pm - 8:10 pm | 7:20 pm - 8:10 pm | 5:20 pm - 6:10 pm | 10:20 am - 11:10 am |
| Family Brown Belt & Up (5 & Up) | 7:20 pm - 8:10 pm | 7:20 pm - 8:10 pm | 7:20 pm - 8:10 pm | 7:20 pm - 8:10 pm | | 11:20 am - 12:10 pm |
| Adult & Teen All Belts (12 & Up) | 8:25 pm - 9:15 pm | | 8:25 pm - 9:15 pm | | | |
| Black Belt Training Members Only | | | | | | 10:20 am - 11:10 am Brown Belt and Up |
| Black Belt Training Members Only | | | | | | 11:20 am - 12:10 pm No Belt to Blue Stripe |
| Hapkido Members Only | | 8:15 pm - 9:30 pm | | 8:15 pm - 9:30 pm | | |

ABOUT OUR CLASSES:

Ages 4 - Early 5: Our youngest students (TKD Tigers)
 Ages 5 - 12: May attend Children and/or Family classes based on rank
 Ages 12 and up: May attend both Teen, Adult and Family classes based on rank

FIRST CLASS: Mon | Tues | Wed | Thurs | Fri | Sat at _____:_____ AM | PM

TRANSPORTION FROM SCHOOL:

Our bus picks up After School Martial Arts students from North Springfield, Ravensthworth, Canterbury Woods, Wakefield Forest, Kings Park, Kings Glen, Camelot, and Braddock Elementary School.



SPECIAL OFFER

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 Taekwondo Lessons
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 new students only.
 Does not apply to camps

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