

Tiger's Schedule for April 2020

TIGER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 	2 Sparring Skip Back & Strike 2 Kick Combo	3	4 Sparring Block & Strike Punch & Kick
5	6	7 Sparring Skip Back & Strike 2 Kick Combo	8	9 Fitness Blocking	10	11 Focus Blocking
12	13	14 Fitness Blocking 1-Steps	15	16 Blocking Striking	17	18 Sparring Skip Back & Strike 2 Kick Combo
19	20	21 Focus Striking	22	23 Sparring Block & Strike Punch & Catch	24	25 Blocking Striking 1-Steps
26	27	28 Sparring Kibon Hyung Wave Master	29	30 Focus Blocking Horse Stance		