




Tiger's Schedule for May 2021

CRANE

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|-----|--|-----|--|
| | | | | | | 1 CLOSED |
| 2 | 3 | 4 Fitness Striking | 5 | 6 Sparring Block & Strike Punch & Catch | 7 | 8 CLOSED |
| 9  | 10 | 11 Focus Blocking Horse Stance | 12 | 13 Sparring Kibon Hyung Wave Master | 14 | 15 CLOSED |
| 16 | 17 | 18 Focus Fitness | 19 | 20 Focus Striking | 21 | 22 CLOSED |
| 23 | 24 | 25 Sparring Block & Strike Punch & Catch | 26 | 27 Fitness Striking 1-Steps | 28 | 29  CLOSED |
| 30 | 31  CLOSED | | | | | |