




Tiger's Schedule for May 2021

CRANE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Focus Fitness Horse Stance
2	3 Focus Blocking	4 Fitness Striking	5 Sparring Skip Back & Strike 2 Kick Combo	6 Sparring Block & Strike Punch & Catch	7	8 Blocking Striking 1-Steps
9 	10 Focus Striking	11 Focus Blocking Horse Stance	12 Focus Blocking	13 Sparring Kibon Hyung Wave Master	14	15 Fitness Striking
16	17 Fitness Striking	18 Focus Fitness	19 Sparring Block & Strike Punch & Catch	20 Focus Striking	21	22 Sparring Kibon Hyung Wave Master
23	24 Sparring Kibon Hyung Wave Master	25 Sparring Block & Strike Punch & Catch	26 Fitness Striking	27 Fitness Striking 1-Steps	28	29  CLOSED
30	31  CLOSED					